



preparation for baby's coming be complete,

There is a most splendid remedy to prepare women for the greatest time in their lives, known as Mother's Friend. It is applied to the muscles of the abdomen, sently rubbed in, and at once penetrates to relieve strain on nerves, cords and ligaments. It makes the muscles so pliant that they expand easily when baby arrives; the hours at the time are fewer, and pain and danger at the crisis is naturally avoided.

Mother's Friend enables the mother to preserve her health and strength, and she remains a pretty mother by having avoided discomfort and suffering which more often than otherwise accompanies such an occasion when na-

Cordon & Dilworth - REAL -ORANGE MARMALADE

MADE from wild bitter rranges giving that distinctive flavor which has made Orange Marmalade a traditional breakfast relish with the English and Scotch for centuries

Sold by leading dealers

TRONG OLD MAN Magazine Features for Everybody

My HEART and My HUSBAND Adele Garrison's New Revelations

What Alice Holcombe Asked of Madge.

of a Wife

"What really happened?"
Alice Holcombe locked the door behind her and put her lips to my ear before she whispered the words.
"I don't know anything." I whispered back, stressing the verb!
"But you suspect. Tell me. I vebeen on pins and needles ever since I heard the story. Ken Stockbridge isn't as awkward as that. He must have broken that bowl on purpose. And he did it—from what I deduced—while Milly was serving you truit.

"I am afraid you have it," I said She put her hand to her heart with

-while Milly was serving you truit punch. There's only one answer to

an involuntary, unconscious gesture. Her face was white with horror, save for two hectic splashes of color in her cheat "Poor Milly! Poor Ken!" she murmured brokenly. "I was afraid it would come to something like this. I have felt that she was more than half insane, and distinctly dangerous for a long time. But—potson—"

The word was so low that I knew it was inaudible outside the room, but I couldn't repress a frightened exclamation.

"Hush!" I said. "Don't say that

A Swift Change.
"You are right," she returned conitely. 'Indeed, I shall never refer tritely. Indeed, I shall never refer to this episode again. But you, we, all of us, must be on our guard from now on, now that we know of what her poor brain is capable. Tell me one thing: did she mean to include both you and Ken—" she broke off abruptly, then began again impatient-ly. "What I'm getting at is whether you think Ken is in any danger."

I hesitated before I replied, at the memory of Milly Stockbridge's tace when she said to her husband; "Cer-tainly, if you wish it." I don't think he is in danger from any deliberate plan." I said at last.
"But, of course, if he angers her—"
"He will never do that," she spoke

which more often than otherwise accompanies such an occasion when nature is unaided. Every nerve, muscle and tendon is thoroughly hybricated. Discomfort during the period is counteracted, and the skin, after the crisis, is left smooth and natural.

Write to the Bradfield Regulator Company, Dept. B, Lamar Building, Atlanta, Georgis, for their Motherhood Book, and obtain a bottle of Mother's Friend from the drug store today without fall.—(Adv.) with decision, "He is angelic tenderness itself to her."

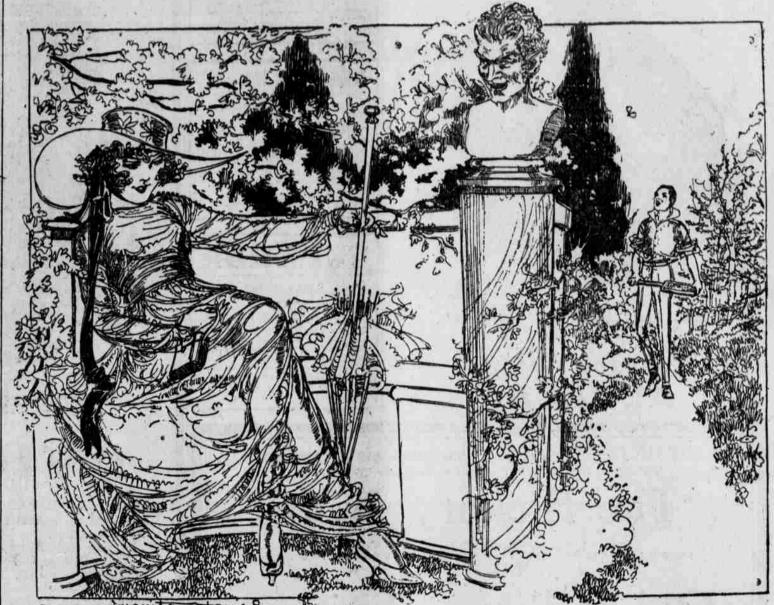
had wiped the words from her lips.
"It's a good thing you don't pay
any attention to my ravings," she said lightly. "Here, let me help you on with your cloak. What a vision you are! Your husband ought to be the proud gentleman to be taking you home. I suppose poor old Donkey Donkers is trembling in his shoes for fear I'll propose to him on the way home. Do you know, every time that man opens his mouth I expect to hear a bray? Fact!"

The Final Picture.

Her voice, her eyes, dared me to remember anything. She inadvertently betrayed. I took her cue instantly, the while my heart ached for her, the mate fashioned for Ken-

I laughed. "He certainly would win the endurance medal in a conversa-tional match, wouldn't he?" "If it were given for long-windedness, yes." she retorted, opening the door and sweeping down the stairs, her dainty head held defiantly high to meet the reluctant suspicion with

THE TRAP



BEYOND the gate in the garden wall—topped by Pan who grins under-standingly at her—she waits for him who strolls down the path intent her and stands rapt in admiration. But this simply proves the perfection of upon a butterfly. Careless her posture may seem, yet carefully she's the trap. And when he says "I love you! Will you marry me?" ah, then, sing—every line contrived to form a striking picture, for his special | efit. | will supreme success be hers and his, for she is all life holds dear for him.

ponderous Mr. Donkers invested his

With her husband's arm around her Milly Stockbridge went through eer good-by to us almost as mechanically as a well trained parrot would have done. She looked at Dicky and Alice Holcombe, but never once raised her eyes to meet mine.
"I am afraid the evening has been too much for Mrs. Stockbridge,"

Dicky said sympathetically.

"Oh, no," her husband replied brightly, "she will be all right tomorrow. But she isn't strong, is extremely nervous, and my unlucky accident to her cherished punch bowl upset her terribiy. It is all my faut."
"No, no!" his wife murmured halfhysterically, shrinking ctoser to him.
I saw him soothe her with a touch
as he put out his other hand to Alice

"Run over tomorrow, Alice, can you?" he asked casually. "Milly says

she wishes to see you."
"Of course," Alice Holcombe promised carelessly. "Good night, Milly."
She put her lips lightly to the cheek neth Stockbridge, who must stand helplessly aside and watch the wreck of his life and happiness.

"I had the same feeling myself when I was listening to him tonight."

"He carticular word with the same feeling myself steps to our waiting taxi the three figures were silhouetted in the light or paralysis of the vocal cords, emoof the electric porch lamp. The man. the wife, the faithful friend to them both. I couldn't repress a little both. I couldn't repress a little shiver at the hopelessness of the sit-

How would it all end? (To be continued in The News Tues-

ADVICE TO GIRLS

Dear Annie Laurie—I am a young girl about 19 years of age, and very much in love with a boy four months older than I. We have been going with each other for about four years, and seem to have so many quarrels. He says he loves me better than anyone else, and has asked me to marry him, but because of so many quarrels I refused to do so. He has also asked me to kiss him goodnight, and I thought bost not to.

BLUE EYES.

Blue Eyes, I think you are wise mont to agree to marry the young man if you cannot agree with him. Think what a terrible thing it would be if you were married to him and then the quarrels continued to come!

But why quarrel? If it is your fault, change your ways. If it is his fault, stop seeing him altogether, for quarrels do spoil one's disposition, you know.

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Chamberlain's Tablets.

People everywhere speak well of Chamberlains Tablets. If you are

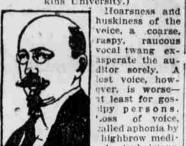
troubled with indigestion or consti-pation, give them a trial. You are certain to be benefitted by them.— (Adv.)

BERLIN REVILES WILSON

Secrets of He 'th and Happiness

Anger and Lack of Control Causes of Some Voice Losses

kins University.)



loss of voice, called aphonia by technicians,

or paralysis of the vocal cords, emo-tional instability formerly known as

"hysterics" or "nervousness." Emotional aphonia is most common It is guilty nine times in ten as the course of events usually tells. Here

is an example:

A physically well woman, aged 37, five feet, six inches in height, married, with two children, quarrelled with her husband almost every night be-cause he seldom remained at home. One night she nagged and yelled at him until she was hoarse. Nature then stepped in to force a vocal rest and forty-eight hours later she could not talk even in a whisper.

An Unusual Case.

Coincidentally she had a "cold" but

no sore throat. The 'cold" was gone after a week, and to all intents and purposes she was well, yet her voice remained among "those absent." Her husband sent her to the seashore for a week, thence to the hospital for three weeks' rest in bed. She was again transferred to another hospital.

Dear Annie Laurie: I am a girl 17
years old and go with a boy a year
my senior. We have been friends for
two years. I love him very much. He
is very nice to me. He escorts me to
the show at night, but when he brings
me back he asks me to kiss him at
the door, and I do so. Do you think
it is right for me to kiss him?
He loves me very much, but is jealous. He works very hard in the day
and doesn't feel like calling so often.
Do you think it is right for me to go
to his home and see him?

CURLY HEAD.

Curly Head: Now, see here, little
girl, you're taking exactly the trail
that will lead to a lonely life. In the
first place, you are trying to be a
woman while you are till just a little
girl. Then, you are allowing to a casual acquaintance, who has not
asked to be more tian a friend, the
privileges which belong only to one's
fiance. Not only that, but you are
trying to win his love, a fatal mistake.

If I were in your place I should be
more dignified and let the young man
alone for a while at least. If he really
cares about you be will not be too tired
to call whenever he wants to see you. The wife was voiceless nearly six months, when a laryngalist deter-

By Dr. Leonard Keene Hirshberg. mined to put her under ether to ex A. B., M. A., M. D., Johns Hop- amine her windpipe for tumors, con amine her windpipe for tumors, con-gestions or something to account for the trouble.

Not a thing was discovered to acraspy, raucous apparent miracle. When the patient vocal twang exditor sorely. A lest voice, however, is worse—
it least for gosit least for gosi voice means that some emotional strain, shock or explosion has depressed the physical and psychical elements which control the behavior of the vocal

ness.

Sore threats, laryngitis, bronchitis, growths, tumors, tuberculesis, scars from acids or lyes, paralysis, sarcoma and grown glands can be distinguished advice for individual cases. Where the and grown glands can be distinguished advice for individual cases. Where the angle of this paper on medical last water over the little to them four pounds of granule and grown glands can be distinguished.

The pointed moral which adorns the lesson is a proverb; Let not thy ange rise as a torrent to smite thee as tidal wave and engulf thee instead of the supposed tormentor at whom you rail and raye. Calmness conserves the voice as well as aweetness its influence

ANSWERS TO HEALTH QUESTIONS

Miss E. B. Q.—Kindly advise me what to do for gray hair.

A.—Henna leaves, I ounce.
Boiling water, I quart.

Place the senna leaves in the boiling water and let it stand all night. In the morning, strain and heat to the boiling morning, strain and heat to the boiling point. Add two ounces of senna powder and stir and strain. Brush this into the clean hair. This is harmless, but why change something that may be very

M. L. G. Q.-Please advise me what

ternal and external, with various in-struments of precision, can disclose the precise cause. It may be muscular strain, rupture, some internal injection in the tubes or several other things. Watherine D. Q .- Kindly advise me

new channels, new friends, new faces, new furniture, new scenes, new habits, changed sleeping rooms, new rations, everything radically altered and wholly different will in time relieve almost all such conditions.

I enjoy your articles, Q—Kindly tell me what to do for gray hair.

A—It is not often that the natural color of the hair returns after the hair pigments or melanin are gone. A darker hue may be given the hair by the use of burned cork. In the form of the physical and psychical elements which control the behavior of the vocal muscles below the level of mental activity. The upshot of this is a form of aphonia, which may endure until the source of the snger, fear, fright, laughter than the property of the snger, fear, fright, laughter than the source of the snger, fear, fright, laughter than the source of the snger, fear, fright, laughter than the source of the snger, fear, fright, laughter than the source of the snger, fear, fright, laughter than the source of the snger, fear, fright, laughter than the source of the snger, fear, fright, laughter than the source of the snger, fear, fright, laughter than the source of the snger, fear, fright, laughter than the snger than the snger, fear, fright, laughter than the snger than the snger

COTTON SEED REPORT

Statistics Showing Receipts and Tons
Crushed.

Washington, May 19.—Census report
for period August 1 to April 30, shows
for 1919 and 1918 respectively:

Cotton Seed—Received at mills, excluding reshipments, tons. 4,218,618 and 4,127,347. 4.127,347.
Crushed tons, 4,083,837 and 3,955,829.
Products Manufactured—Crude oil,
pounds, 1,199,027,969, and 1,210,810,770.
Refined oil, pounds, 942,797,660 and
1006,684,714 1,005,684,714. Cake and meal, tons, 1,982,048 and 1,913,981. Hulls, tons, 1,012,821,911,847.

By Juanita Hamel

A-Only a thorough examination in-

what to do for nervousness.

A—The treatment is diversion, attention transferred and directed into

Don't store old furniture and nick

12 oranges.

Sugar.
Slice the oranges and lemons very thin and cover with eight quarts of cold water. Let it stand for 24 hours. stantly, and then put away for another

Rhubarb Marmalade.

1 large piece of ginger root

Winifred Black Writes About The Wrong Kind of Love

this young person never seems to have thought. Why should she think? She was

in love, and that was enough for her.
It was lovely to be in love, the moon was brighter, and the sunshine clearer, and all the little rosebuds were sweeter—they make a specialty of roses in Seattle—and, oh, every-thing was too sad and too sweet, and too romantic and too lovely and too all-verish for words—only there was one thing that was a little annoying.
The man was married, and the worst of it was his wife was in love with him and she wouldn't hear of

WHAT TROUBLES HER.

It was very hard for the girl to realte that any one could be so selfish—

Copyright 1919, by Newspaper Feature Service, Inc.)

Have you been reading the news from Seattle lately? There's always lots of newsfrom Seattle hings, and shings, new things and bad things and bid things and bid things and bad things and bid bid things and bid things and bid things and bid things and bid

SEARCH THE HEART.

Not many girls like that? Oh, I don't know. I believe there are a good many of them at heart—they're not all of them quite courageous enough to carry out their theories to the fullest extent, but theoretically they are quite in sympathy with the girl in Seattle who wants so badly to know whether this particular man really loves her or not.

I saw one of these girls yesterday. She was at luncheon with the husband of her dearest friend, and the way she was looking at that husband and trying to get that husband to look at her!

Shallow hearts, cold blood, dead consciousness, utter selfahness, complete exotism—that's what this kind of love has meant since the world began and will mean till the world.

KITCHEN ECONOMIES

By Isobel Brands, of the Apple-croft Experiment Station.

Ways to Make Some Unusual Home made Marmalade.

Before the fruit and berry season is in full swing there is still time to put up a few jars of home-made preserves that take little time and are well worth the trouble. Oranges, grapefruit and other fruits can be put up in batches of half a dozen jars at a time with little effort.

Pineapple Marmalade.

Pineapple Marmalade.

8 pineapples.

8 pounds of granulated sugar.

1 large piecs of ginger root.

Peel the pineapples, carefully removing the eyes. Place in a kettle with two quarts of water, and allow to boil slowly until tender. In another kettle, with two quarts of water, let the six pounds of granulated sugar boil for about haif an hour. Add the pineapple, together with its juice and the ginger root, and let it slowly boil until it reaches a syrup-like consistency. It is well to keep stirring the mixture to keep it from scorching. Allow to cool, then pour into glass jars, but don't seal until cold.

Scotch Marmalade.

Scotch Marmalade, Oranges, large, 14. Granulated sugar, 4 pounds.

Lemons, juice of 2. Wash and peel seven of the oranges selecting the largest and taking care not to use any of the pithy membrane Put the peelings into a deep kettle with 215 quarts of cold water. Let stand 36 hours, changing the water two or three times. The second morning put the soaked peelings with their last water over the fire. Peel the other seven oranges and add

from emotional loss of voice by chemical, physical, electrical, surgical and other tests.

The X-ray, Wasserman test, presence of fevers or congestions inform the doctor who diagnoses very quickly.

The pointed moral which adores this

Lemon marmalade and grapefruit marmalade may be prepared in the nacks in the attic. Sell them through same manner. California Orange Marmalade.

Cook for one hour after the boiling point has been reached, stirring con-24 hours. Measure one cupful of sugar to each cupful of the orange mixture, and then cook for another hour. Put into jelly glasses or pint lars,

pounds of rhubarb. pounds of sugar. pounds of figs.

Cut the rhubarb in three-quarter-inch lengths and pour on it the sugar. Let it stand overnight. In the morning add the cut-up figs and ginger root and let bed!

DECLINES FOOD RELIEF Russian Bolshevik Hesitate to Accept Proposal.

Paris, May 19 .- The negative reply of he Russian bolshevik government to was interpreted here today as meaning that the Russian reds will not abandous their attempts to invade neighboring territory. The bolshevik foreign commissary thanks Dr. Hansen, but intimates that he considers the relief offer an attempt to "fool the Russians into abandoning their successful military operations." was interpreted here today as meaning

The general impression is that the note brings the whole project to a close as the allied offer of relief was conditional upon a cessation of the bolshevik offensives.

For Burning Eczema

Greasy salves and ointments should not be applied if good clear skin is wanted. From any druggist for 35c, or \$1.00 for large size, get a bottle of Zemo. When applied as directed it effectively removes eczema, quickly stops itching, and heals skin troubles, also sores, burns, wounds and chafing. It penetrates, cleanses and soothes. Zemo is a clean, dependable and insertering a clean, dependable and inexperantiseptic liquid. Try it, as we let nothing you have ever used is as tive and satisfying

The E. W. Rose Co., Cleveland, O.



complexion. It protects the charm and the beauty of a perfect skin and a youthful complexion, it will make any one look years younger. Effective for sunburn, tan, chaps, freckles, blackheads, face-shines enlarged pores, pimples and wrin-

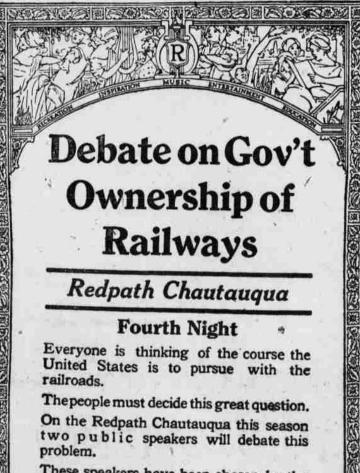
Beauty is a Joy always. Be beau-tiful. Use Hawalin Beauty Cream. Your money refunded if not en-tirely pleased. Colors, white and pink. 50c a jar by drugists or mail. Dr. V. A. AVAKIAN CO., Rossville, Ga.

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These speakers have been chosen by the Redpath because of their comprehensive expert knowledge of the entire matter and also their ability as forceful speakers.

They will discuss the question from every

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Seven Big Days' Program Season Tickets for the entire week \$2.50 and War Tax

明於交換經歷REDPATH CHAUTAUQUA 國家经歷知图

Chautauqua Week Here June 6 to 13

Crowds Shout "Down With France, England and America."

Paris, May 18.—(A. P.)—Describing recent demonstrations before the Adion hotel in Berlin a dispatch to the Temps from the German capital says the crowd shouted "Down with France, England, America, Clemenceau, Foch and Wilson." It says the shouts against Wilson seemed to indicate that he is particularly reviled by the German populace, public opinion "not pardoning him for interpreting the fourteen points at variance with the German interpretation of them." Children Cry FOR FLETCHER'S CASTORIA